

LAUREN HEINKEN, OT REG. (ONT)

ARCG Inc.

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EDUCATION

Master of Science in Occupational Therapy

McMaster University, Hamilton, Ontario

2015 – 2017

Bachelor of Arts in Economics

McMaster University, Hamilton, Ontario

2016 – 2018

Honours Bachelor of Science in Kinesiology

McMaster University, Hamilton, Ontario

2010 – 2014

- *Minor in Psychology*
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CLINICAL WORK EXPERIENCE

Occupational Therapist Consultant

ARCG Rehab, Richmond Hill, ON

November 2017 - Present

- Occupational Therapist providing assessment and treatment to individuals who have been involved in motor vehicle accident.
- Key responsibilities include assessing for Attendant Care and Assistive Device Needs, developing, and administering treatment programs targeting physical, cognitive and emotional symptoms.
- Completing work site and ergonomic assessments and submitting appropriate documentation to insurance providers to request funding for services.

Occupational Therapist Consultant

Joanne Romas and Associates, ON

November 2019 - Present

- Conduct Occupational Therapy services to provide in-home assessments for individuals with a variety of orthopaedic and psycho-emotional impairments following motor vehicle accidents.
- Facilitate approval and delivery of equipment/devices to maximize safety in the home environment post-accident.
- Implement and progress individualized treatment plans to support goal achievement for clients following motor-vehicle accidents, including return to school, work, self-care, and leisure/recreational pursuits.

Occupational Therapist

*St. Joseph's Healthcare, Hamilton, ON –
Dual Diagnosis Program*

January 2018 – Present

- Work in the capacity of Occupational Therapist at St. Joseph.
 - Work with an inter-disciplinary team to provide assessment, treatment, and follow-up to individuals with diagnoses of both developmental disability and mental illness.
 - Facilitate referrals to appropriate resources/services within the client's community with the goal of increasing community integration and independence.
 - Assist with facilitation of the 'Health Emotions' and 'Relationships and dating' groups offered by the dual diagnosis program.
 - Lead research project investigating client and economic outcomes associated with a new LHIN-Funded supportive housing initiative.
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CONTINUING EDUCATION / COURSES

- Institute of Rehabilitation Education Training October 2019 – January 2020
- *Completed first module of Life Care Planning Pre-Certification Curriculum*
 - Preceptor for McMaster Occupational Therapy Program March 2019 – Present
 - McMaster University Department of Psychiatry & Behavioral Sciences May 31, 2019
- *Review Course in Psychiatry*
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MEMBERSHIPS/TRAINING

- Registered and in good standing with College of Occupational Therapists of Ontario