

## **GWEN KAKOURIS, OT REG. (ONT)**

### **ARCG Inc.**

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## **EDUCATION**

### **Master of Science in Occupational Therapy**

2013 – 2015

*Queen's University, Kingston, Ontario*

### **Honours Bachelor of Science with Distinction**

2008 – 2013

*Specialist in Psychology*

*University of Toronto, Ontario*

- Completed an Honours Undergraduate Thesis Research Project under the supervision of Dr. D. Nussabum, Ph.D., Psy.D.

- Title 'Mood induction, personality and physiological influences on decision making' With results presented at the Canadian Psychological Association annual conference in Quebec City, QC in June, 2013
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## **CLINICAL WORK EXPERIENCE**

### **Occupational Therapist Consultant**

March 2020 – Present

*ARCG Rehab, Richmond Hill, ON*

- Providing client-centered Occupational Therapy services for clients with traumatic brain injury as well as those with physical and mental health needs within Toronto and the Greater Toronto Area.
- Conducting various standardized and qualitative assessments: assessment of attendant care needs, medical and legal reports, return to work program and cognitive remediation.
- Providing treatment toward work conditioning and hardening programs for work related injury, and long-term disability referrals including recommendations for return to work.
- Oversee report quality assurance for all occupational therapy reports
- Management of applications for funding through HCAI (OCF-18, Form 1).
- Communication with various referral sources and health care professionals, advocacy and leadership in care coordination and service delivery.

### **Occupational Therapist Consultant**

December 2015 – Present

*True Therapy Group, ON*

- Providing client-centered Occupational Therapy services for both physical and mental health needs for adult populations within the GTA and Durham Region.

- Participation in community outreach and private assessments related to falls prevention and home safety for older adults as well as those with multiple or chronic health conditions.
- Completion of cognitive and physical assessments towards client goals, work hardening/conditioning programs, and evidence-based approaches for client re-activation and improved mobilization.
- Authorizer with the Assistive Devices Program (ADP), completing community assessment and documentation for various mobility aides.
- Workplace safety and ergonomic assessments
- Consulting and supporting colleagues and coworkers with treatment planning, communication and written reports related to return to work, ergonomic assessments and re-activation for clients with various physical or mental health diagnoses.

### **Occupational Therapist**

July 2015 – July 2016

*Integrated Rehab Professionals, Peterborough, ON*

- Providing client-centered Occupational Therapy services for both physical and mental health needs within a diverse young adult to older adult population within Durham Region and the GTA.
- Conducting various top down and bottom up assessments, treatment planning and coordinating services towards optimizing client independence and quality of life within their work or home environment.
- In-home assessment provided for ADLs and iADLs, walkers, wheelchairs, home modification, and provision of community resources and/or palliative care needs.
- Communication with various funding sources as well as the Community Care Access Centre East (CCAC)/LHIN.

## **CONTINUING EDUCATION / COURSES**

- Practical Strategies for Achieving Success After mTBI. Workshop by OBIA, St. Catharines, ON, February 19, 2020.
- Authorizer within the Assistive Devices Program (ADP). Authorizer status for prescription of wheelchairs and walkers obtained from the Ministry of Health and Long-Term Care (MOHLTC) in July, 2018.
- Optimizing Functional Cognition and Executive Function: Assessment and Intervention Strategies. Presented by Joan Toglia Ph.D, OTR/L in partnership with Mindworks. Peterborough, ON. October 25-27, 2018.
- Executive Functions in Students with Acquired Brain Injury. Mark Ylvisaker Honorary Lecture, seminar presented by Dr. L. Turkstra, OSLA in partnership with the Ontario Neurotrauma Foundation. Toronto, ON. June 9, 2017.
- Practical Application of the INESSS-ONF TBI Rehab Guidelines for the Rehabilitation of Adults with Moderate to Severe TBI. Webinar Presented by; Corinne Kagan, Senior Program Director, ABI Ontario Neurotrauma Foundation, Esther McEvoy B.H.Sc, OT Reg. (Ont.), Tracy Milner, MCIS (OT), BA (HKin) OT Reg. (Ont.), Janet Fisher, OT Reg. (Ont.) and Erin Godkin, OT Reg. (Ont.). June 8, 2017.
- Level 2 Advanced Brain Injury Rehabilitation Training Program. OBIA Certificate training course completed at Brock University, St. Catharines, ON. May 24th – 26th, 2016.
- GMT – Goal Management Training. Workshop presented by Dr. B. Levine at Baycrest Health Sciences in Toronto, ON, April 6, 2017.

- PGAP – Progressive Goal Attainment Program. Completed training in Toronto ON, November 2016.
- Cognitive Orientation to Occupational Performance (COOP). Completed certificate course in Kingston ON, on October 28, 2016.
- ABI Conference. Attended in Toronto, ON. November 2016.
- Pain Management. Workshop completed through CAOT, Toronto, ON, October 2016.
- Fundamentals in Palliative Care. Certificate received in Whitby ON, January 2016.
- Completed/Obtained Certification re: AMPS – February 2016
- Brief Action Planning. Workshop completed through CCAC Whitby ON, March 2016.
- Practical Strategies for Pediatric TBI. Attended conference in St. Catharines ON, April 2016.
- COOP – Enabling Occupation, Strategies for Success. Completed workshop instructed by Helen Politajko and Angela Mandich in Kingston ON, June – October 2016.
- Children and Youth with Acquired Brain Injury. Workshop by OBIA, St. Catharines ON, September 2016.
- Level 2 Cognitive Interventions for Adults. Certificate Training Program completed at Brock University on June 2nd – 3rd, 2016.
- Level 1 Neurorehabilitation Training Program. Certificate Training Program completed at Brock University, February 16th – 19th, 2016.
- Motivational Interviewing: Stages of Change, Brief Action Planning, Levels I, II. Completed through Central East and East CCAC on April 28, May 25, and June 14, 2016.
- Assessment of Motor and Process Skills (AMPS) including the Assessment of Compared Qualities – Occupational Performance (ACQ-OP), Centre for Innovative OT Solutions. University of Montreal, November 2 – 6, 2015. AMPS certified and calibrated as of February 2016.
- Level I Multidisciplinary Palliative Care Education, Community Care Access Centre (CCAC). Completed in Oshawa ON, December 2015. (August 2013)

## MEMBERSHIPS/TRAINING

- Ontario Society of Occupational Therapists (OSOT), October 2019
- College of Occupational Therapists of Ontario (COTO), June 2019