

# Dr. Hannah Rockman

7191 Yonge St. Unit 503, Thornhill, ON, L3T 0C4  
Tel: (416) 602-3230 Fax: (866) 470-7597

College of Psychologists of Ontario, Licence No. 4940  
e-mail: [hannah.rockman@rogers.com](mailto:hannah.rockman@rogers.com)  
Business website: [www.yrps.ca](http://www.yrps.ca)

Current as of January, 2020

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**Profile** British trained clinical psychologist and neuropsychologist with over ten years experience in the British National Health Care System (NHS). Work included primary health care in adult mental health. Relocated to Canada in 2000 and obtained Canadian licence in December 2003. Founded and operates YRPS (York Region Psychological Services), a private practice offering a range of health care services since 2004. AMA Guidelines Certified. Primary work involves treating mental health disorders with an emphasis on trauma.

## **Population**

All age ranges including children and elderly clients.

## **Assessments**

Psychological, Psycho-educational, Immigration, WSIB, Neuropsychological, Psycho-vocational, Driving, Catastrophic and GOS-E.

## **Work Experience**

**Founder/director of York Region Psychological Services (YRPS)** **2004-present**  
The clinic caters to adults and children dealing with mental health issues and includes counselling and assessment services.

**Clinical Supervisor for the Trauma Centre** **2012-present**  
Working with trauma related victims and first responders completing assessments and counselling.

**Clinical Psychologist for Me to We** **2014-present**  
Overseeing mental health initiatives at Me to We. Supporting facilitators when crises occur with the volunteers as well as running training workshops for the facilitators.

**Group Facilitator for Wounded Warriors Canada** **2018-Present**

Working in groups with first responders facing PTSD as well as with couples through COPE groups.

**Independent Medical Examiner** **2004-present**

Working in several settings including IE assessment companies and lawyers, carrying out both defence and plaintiff assessments. Work includes psychological, psycho-vocational and driver assessments.

**DAC Assessor** **2004-2006**

Worked for the North Toronto Assessment Centre and Dr. Doug Salmon reviewing client files and requests for psychological services.

**Psychologist, Private Practice** **2003-present**

Practice in Psycho-educational assessments, MVA and personal injury assessments and counselling for adults; Infertility counselling.

**Psycho-Educational Consultant** **2001-2004**

Jewish Vocational Services, Toronto - Assessing adults and children for the presence of learning disorders, cognitive limitations and giftedness as well as completing psycho-vocational assessments.

**Health Psychology** **2003-2004**

Worked for Dr. L. Steiner, Dr. Doug Salmon and Humber Green Counselling preparing MVA and psycho-vocational assessments.

**Counsellor (Intern)** **2002-2004**

Atkinson Counselling Centre Toronto

- Psychological counselling for adult mental health problems
- Psycho-educational assessments for university students

**Psychologist, Private Practice** **1995-1998**

England and Israel

- Psychological counselling for adults with mental health issues
- Medico-legal reports for Attorneys

**Clinical Psychologist in Adult Mental Health**

North Manchester General Hospital, Manchester, England

**1991-1995**

- Individual counselling for adults attending the out-patient psychology department at the hospital
- Following the completion of a Psycho-sexual Diploma, spent one day per week seeing clients with psycho-sexual problems
- Organised pilot study to assess stress levels in hospital nursing staff and designed appropriate interventions. These included team building, stress management workshops and individual counselling.
- Facilitated in group therapy for women with marital problems
- Ran anxiety management groups for clients suffering with panic attacks
- Lecturing to medical students

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## **Workshops and Professional Training, 2007 - present**

- Human Brain Anatomy Course King's College London, July 23-25, 2019
- Basic EMDR Therapy Training Program, May 23-26, 2019
- ADOS-2 Clinicians Training April 29-May 1, 2019
- Cognitive Processing Therapy for PTSD April 25-26, 2019
- Wounded Warriors Canada-five day residential workshop. Trauma Resiliency Program (TRP-2) program – November 13-18, 2018
- Community Mental Health Program: Occupational Mental Illness (WSIB), October 26, 2018
- June 15, 2018-Trauma, Memory and the Restoration of One's self: When Talk Isn't Enough-Bessel van der Kolk- Leading Edge All Day Seminar
- Wounded Warriors Canada-five day residential couple workshop. COPE program – May 24-29, 2018
- Wounded Warriors Canada-four day residential workshop. Trauma Resiliency Program (TRP) program - April 5-8, 2018
- Medico-Legal Society of Toronto – Don't be CATatonic half day workshop - February 21, 2018 (3 hrs Substantive Credit)
- Israeli Group Psychotherapy Association Annual Conference November 16-19, 2017
- Back to School Conference 2017- PIA Law and Toronto ABI Network, September 28,
- National Academy of Neuropsychology - Behavioral & Cognitive Neurology 12 week online course (CE:22) Summer 2017.
- York Region Police - Road to Mental Readiness full day workshop May 12, 2017
- A Definitive Workshop on Catastrophic Impairment Evaluation-CSME/CAPDA Full day workshop-April 1, 2017
- Cross-Battery Assessment with the WISC-V- March 31, 2017- Full day workshop JVS
- Group Therapy Conference-November 17-19, 2016
- Seiden Health Management- Ontario Motor Vehicle Accident Catastrophic Impairment Training Course May 14, 2016
- American Group Psychotherapy Association Annual Conference February 21-28, 2016
- Toronto Rehabilitation Institute-Traumatic Brain Injury Conference January 29, 2016
- CBT Boot Camp-Dr. Christine Padesky- Two Day Workshop. November 2-3, 2015
- Ontario Psychological Association Full Day Workshop: Developing Cultural Competency in Psychological Services for Military and Veterans. October 30, 2015
- PIA Law Presents: What You Need to Know About Accident Benefits Heading into 2016 October 26, 2015
- Ontario Psychological Association Full Day Workshop: Developing Cultural Competency in Psychological Services for Police. May 29, 2015
- Canadian Society of Clinical Hypnosis Ontario Division Introductory Workshop March 27-28, 2015
- National Academy of Neuropsychology Annual Conference, November 12-15, 2014-poster presentation
- Core tasks of Psychotherapy: What the "Expert" Psychotherapists Donald Meichenbaum July 28-August 1, 2014

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- DSM-5 in Action: Application, Assessment and Treatment Strategy-Leading Edge Workshop-December 5, 2013
  - Oatley Vigmond Conference-Auto Insurance-Auto Insurance-Overcoming Challenges in a Challenging System-November 1, 2013
  - Hard Wiring Happiness-Leading Edge All Day Seminar. October 22, 2013
  - Canadian Society of Medical Evaluators-Psychological Testing in the Context of Independent Clinical Evaluations-full day. October 4, 2013
  - The Gatekeeper's Dilemma - Ethics in Infertility Treatment, May 9, 2013
  - Challenges and Controversies in mTBI The Science and Clinical Management of Concussions Conference February 8, 2013
  - ABI Conference November 8-9, 2012
  - Oatley Vigmond Conference-Auto Insurance: New Changes, New Issues, October 26, 2012
  - CMCC-The MIG Debate and Malingering September 6, 2012
  - Canadian Society of Medical Evaluators -mTBI Minor Traumatic Brain injury June 15, 2012
  - Neurobehavioural issues following Mild to Moderate Brain Injury-Sunnybrook Conference June 13, 2012
  - Memory-Full day workshop-Institute for Brain Potential. May 3, 2012
  - Canadian Society of Medical Evaluators-Post Traumatic Stress Disorder and the IME Consultant-All day workshop Apr 27, 2012
  - Mild Cognitive Impairment Conference March 26, 2012
  - Mild Traumatic Brain Injury Conference-Toronto Rehabilitation Institute February 12, 2012
  - The Advocate's Society- Tricks of the Trade January 27, 2012
  - Medico Legal Society of Toronto - Expert Reports: The Experience of the Courts and the Professions since the Amendments January 23, 2012.
  - The 8<sup>th</sup> Annual Krembil Neuroscience Symposium October 27-28, 2011
  - Canadian Society of Medical Evaluators-The Business of IMEs October 21, 2011
  - Canadian Society of Medical Evaluators -Medico-Legal Approach to Lies, Deception and Fabrication. April 15, 2011.
  - Christine Padesky workshop: CBT Boot Camp September 16-18 2010
  - AMA Guidelines Certification September 10-12, October 1-3, 2010
  - Canadian Society of Medical Evaluators, Compensating Chronic Pain June 11, 2010
  - The Triple Flame Negotiating Attachment, Security, Intimacy and Sexuality in Couples Relationships. May 13-14 2010
  - Canadian Society of Medical Evaluators: Automobile Insurance Reform, Nov 20, 2009
  - Stress, Depression & Pain, Oct 31, 2008
  - Insurer's Examination: Successful Rebuttals, Jun 20, 2008
  - Just Because We Can: Ethics in Infertility Treatment, May 29, 2008
  - Gottman Institute Marital Therapy Workshop, May 01-02, 2008
  - Advanced Certificate Course in Cognitive Behavioural Therapy, April- May 2008
  - Leonard Sax Boys Adrift lecture, Dec 13, 2007
  - Dr. Thomas Brown Understanding ADHD workshop, April 24, 2007
  - Psychiatric Disability in the Workplace: Workshop, April 15, 2007
  - Learning Disabilities: Conference, May 04-05, 2007

- Christine Padesky workshop: CBT with Personality Disorders, Oct 17-18, 2007
- Adolescents and Adults with LD and ADHD, Oct 21, 2007

## Education

- Internship in Neuropsychology 2011-2015
- Psy.D. Professional Doctorate University of Hull, UK. 2006-2011
- Cert. in Psycho-sexual Therapy – Assoc. of Marital and Sexual therapy 1992-1994
- M.Sc. Clinical Psychology – Manchester University, England 1989-1991
- B.Sc. Behavioural Science - Ben-Gurion University, Israel 1984-1987

## Membership in Professional Bodies

- British Psychological Society (BPS)
- Listed in the British Registry of Chartered Clinical Psychologists.
- Member of the College of Psychologists of Ontario
- Canadian Society of Medical Evaluators
- Medico Legal Society of Toronto
- Ontario Psychological Association (OPA)
- Canadian Academy for Psychologists in Disability Assessment (CAPDA)
- International Neuropsychological Society

## Papers and Publications

- Doctoral Abstract accepted for Oral Presentation at Canadian Fertility and Andrology Society, Nov 2009
- **'Matchmaker Matchmaker Make Me a Match'**; the Art and Conventions of Jewish Arranged Marriages. British Journal of Marital and Sexual therapy, Vol.9(3), 1994
- **'Sex Shmex as Long as you Love Your Wife'**; a study of sexual behaviour in the boundaries of the Jewish law. British Journal of Marital and Sexual therapy, Vol.8(3), 1993
- **'Drink Related Offending and Stages of Change'** Accepted for the European Conference on Psychology and Offending, 1992.