

Clinical Profile

1. Registered and Practicing Occupational Therapist (OT Reg. (Ont.) Regn # G1810693, in good standing with the College of Occupational Therapists of Ontario (COTO), Credentials can be checked at www.coto.org).
2. Certified as Catastrophic Impairment Evaluator with C-CAT(FO) designation by the Canadian Society of Medical Evaluators.
3. Certified BrainFx Administrator (CBA), a comprehensive cognitive assessment tool using 62 activities.
4. Metriks Certified Functional Capacity Evaluator (FCE)
5. Certified in The Progressive Goal Attainment Program (PGAP™) from University Centre for Research on Pain and Disability, McGill University.
6. Completed certification in Cognitive Behaviour Therapy from the University of Toronto.
7. Seven different certificates in prescribing seating and mobility devices from CAOT, OSOT and VHA Home Healthcare.
8. Led Development of Guidelines of care for care coordinators managing complex clients in-home and community care settings while working for Mississauga Halton CCAC/LHIN from Sept 2015 – April 2018. Led the Health Links program for developing an integrated system of care for clients with complex needs (multiple co-morbidities, seniors, dual diagnosis and mental health and addictions with significant social determinants of health).

Profile Summary: Duly qualified and registered Occupational Therapist in good standing with the College of Occupational Therapists of Ontario, registration number G1810693. I graduated from the National Institute of Rehabilitation Training and Research in 1998 with a Bachelor of Science Degree in Occupational Therapy program. I am a current member of the Ontario Society of Occupational Therapists and the Canadian Association of Occupational Therapists. I am certified in Catastrophic Impairment Assessments with C-CAT(FO) designation from the Canadian Society of Medical Evaluators, Cognitive Assessments (BrainFx, MoCA) and Functional Capacity Evaluation (Metrik's) and certified in The Progressive Goal Attainment Program(PGAP).

I have experience practicing as an Occupational Therapist in both hospital and community settings. My current practice involves performing In-Home assessments; Attendant Needs assessments, Situational Assessments, Future Care Costs Analyses, hospital discharge planning, worksite assessments, cognitive assessments, functional work capacity assessments, physical demands analyses and occupational therapy treatment sessions. Specific areas of interest include acquired/traumatic brain injury, spinal cord injury and cognitive impairment, seating and mobility, return to work and ergonomics.

In addition to my clinical education, I also have a Master of Hospital Administration (MHA) postgraduate degree and designation of Project Management Professional (PMP). In various leadership roles, both in acute and community settings, I have led clinical teams. To develop and implement clinical guidelines in clinical areas including complex care, neurology/neurosurgery, orthopedics, cardiology/cardiac surgery and rehabilitation.

Professional Experience

Director Rebuild Life Inc. Canada	09/2018 to Present Greater Toronto Area
Occupation Therapist (Independent Contractor) (ARCG, PIOT, Rebuild Life, AHMC, Complex Cares)	09/2018 to Present Greater Toronto Area

1. Providing Occupational Therapy Services to Motor Vehicle Accidents or falls and trips patients both at home and hospital in collaboration with multidisciplinary rehabilitation teams and lawyers across the

Greater Toronto Area.

2. I am providing Occupational Therapy services, including home safety assessments, prescription of devices to improve function, seating and mobility assessments and facilitating hospital to home transfers for adult clients in the Mississauga Halton region.

**Regional Manager – Health Links Secretariat
Mississauga Halton Local Health Integration Network (MH LHIN)**

**11/2016 to 04/2018
Mississauga, ON**

1. Led a team of 7 including two project managers, two coordinators, decision support analyst, communication specialist and a clinical practice lead to implement the Health Links approach for managing patients with complex needs across all seven sub-regions of Mississauga Halton LHIN. Managed a budget of \$1.8 million.
2. Led projects like Care Coordination Capacity, CHRIS-CCP implementation through HPG/CHP, developing sub-region planning framework, developing and implementing service resolution table (neighbourhood forums) for clients with complex needs, implementing health links project across MH region, and building complexity capacity. All these helped in embedding the health links approach across MH Region.
3. Regional representation at provincial table – PAN LHIN Leads table for Health Links and Primary Care, Health Links measurement task group, LHIN lead for Ministry and HQO reporting on Health Links. This is ongoing from my previous role.
4. Informally led and worked with senior leadership of 46 unique healthcare providers across MH LHIN to strategically influence and facilitate alignment of strategies for developing an integrated system of care for patients with complex needs by advocating and developing plans to implement provincial standards and embedding the health links approach across the region.
5. I have influenced positive change while working with the entire spectrum of stakeholders, including Patients and Caregivers, MOHLTC, HQO, Hospitals, CSS agencies, Primary Care, SPOs, Care Coordinators, LHIN leadership and others.
6. I have led Value stream mapping of all the patient care processes in Palliative Care using lean six sigma tools.

**Regional Program Manager –Mississauga Health Links
Mississauga Halton Community Care Access Center (MH CCAC)**

**09/2015 to 10/2016
Mississauga, ON**

1. Responsible for implementing Health Links Community Care model in North West and South West sub-regions of Mississauga Halton LHIN. Lead a team of 3 professionals.
2. Successfully delivered results in a highly complex environment. Reporting to the senior leadership of Community Care Access Center, Nucleus Independent Living and Credit Valley Family Health Team while working closely with the MH-LHILeadership and senior leadership of 9 different community organizations who are part of the Steering committee. This role required delivering funding and other deliverables while ensuring engagement, collaboration and relationship with all these stakeholders.
3. Led development and implementation of innovative and transformational strategies to engage patients and caregivers, primary care providers and community organizations within Health Links. These strategies resulted in 58% of the referrals coming from primary care providers (highest in the province), launch of Health Links Patient Partnership (HeLPP), development of 5 physician champions (4 of them solo practitioner, again unique across the province), information sessions on HLs for frontline staff of 9 community organizations, 2nd highest referral numbers in the region and a balanced budget besides other significant achievements.
4. Led development and implementation of the clinical care process and guidelines of care for patients with complex needs at MH-CCAC. Led development of detailed process maps for patients in HLs served through CCAC care coordinators.
5. Key member of the team for development for Care Coordination Program of Work(CCPW), and awarded the Health Ministers Medal of Honour for 2017.
6. Led significant data audits of over 500 patient medical records to improve the quality of data for reporting and quality improvement initiatives.

7. Successfully organized a two-day regional training session by Dr. Ken Minkoff.
8. Successfully Led CRHIS Expansion pilot project involving four external partners, including CVFHT, Alzheimer's Peel, St. Elizabeth and SRT Med Staff, while leading an Internal project team within CCAC from 6 departments.
9. Successfully managed and delivered a balanced budget of \$250,667 in the last fiscal, only one in the region.

**Consultant – Strategic Transformation
Provincial Health Services Authority**

**09/2014 to 07/2015
Vancouver, BC**

1. Responsible for implementing strategy and lean management system at BC Women's hospital.
2. Facilitated strategic deployment and daily management system based on lean principles across programs.
3. Project manager for implementing e-chart in the ambulatory areas of BC Women's Hospital after over 100 family physicians had refused to use it.

**Advisor – Operational Effectiveness
Mount Sinai Hospital**

**02/2014 to 09/2014
Toronto, ON**

1. Responsible for strategic consulting in the areas of Cost rationalization, Data Analytics, Communication and Operational Effectiveness with an objective to meet the requirements of Health Sector Funding reform (HSFR).
2. Led comprehensive analysis of Indirect Costs and provided solutions for immediate savings of \$400,000. Facilitated the implementation of the solution.
3. Led and completed studies on the performance of Women's and Infants Hospital (WIH), which have provided critical and new insights into meeting the needs of Health-Based Allocation Model (HBAM).

Outside Canada Occupational Therapy Experience

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| 1. Consultant Occupational Therapist
Kausalya Memorial Hospital
Remotely through telemedicine when in Canada and person when in India | 01/2015 to Present
Odisha, India, |
| 2. Senior Occupational Therapist (remote when in Canada and person when in India)
Kausalya Memorial Hospital
Remotely through telemedicine when in Canada and person when in India | 01/2014 to 04/2015
Odisha, India |
| 3. Occupational Therapist
Kausalya Memorial Hospital (remote when in Canada and person when in India)
Remotely through telemedicine when travelling and in person when in India | 01/2006 to 03/2015
Odisha, India |
| 4. Occupational Therapist
Air Force Golden Jubilee School | 06/2001 to 11/2005
Delhi, India |
| 5. Occupational Therapist
Air Force Golden Jubilee School | 11/1998 to 05/1999
Delhi, India |

Memberships

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| Canadian Association of Occupational Therapists | 2017 |
| Ontario Society of Occupational Therapist | 2018 |

Education

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| Master of Hospital Administration, Tata Institute of Social Sciences, India | 2001 |
| Bachelor of Science in Occupational Therapy, National Institute of Rehab, Training and Research, India | 1998 |

